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ABSTRACT

A leg support garment of a tights type that has stretchability and is applied in close contact with the human body so as to support the legs is provided with a stretchable part having a relatively great straining force. The stretchable part having a relatively great straining force includes a stretchable portion (A) having a relatively great straining force that substantially covers the ligamentum collateralle on a medial side of the knee joint of the human body, and on a superior side of the knee joint, extends through a length of not less than 1/4 of that of the thigh, along at least one selected from the musculus group consisting of the musculus sartorius, the musculus semitendinosus, the musculus semimembranosus, and the musculus gracilis. Thus, it is possible to provide a leg support garment that is capable of effectively protecting the knees and stably maintaining the knee joints without decreasing the degree of freedom of the movement of the knee joints, that provides a good feeling when worn, and that is useful for preventing and reducing gonalgia of the knees, and further, for preventing injuries to the ligamentum collateralle medialis caused by sports or the like.